

Week 2 – Resolve

Ice Breaker

Share a time when you faced a strong temptation and how you responded to it. What did you learn from that experience?

Discussion Questions

1. Read Genesis 39:9 - "How then could I do such a wicked thing and sin against God?" Why is it important to view sin/temptation as against God rather than just breaking rules? How can this perspective help us overcome temptation?
2. Read 1 Corinthians 10:13: "No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it." The sermon outlines 5 keys for handling temptation. Discuss why anticipating temptation is crucial, according to this verse.
3. Read James 1:14-15 - "But each person is tempted when they are dragged away by their own evil desire and enticed. Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death." How does this explain the progression from temptation to sin? Why is it vital to take responsibility and not make excuses?
4. Read Hebrews 4:15-16 - "For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need." How can remembering Jesus faced temptation encourage us? What does it mean to approach God's throne for help in overcoming temptation?
5. Read Proverbs 14:16 - "The wise fear the Lord and shun evil, but a fool is hotheaded and yet feels secure." Discuss the importance of avoiding tempting situations and environments according to this proverb. What are some practical ways we can "flee" temptation?

Key Takeaway or Action Item:

Identify one area of temptation you struggle with. This week, ask a close friend or spouse to keep you accountable by checking in and praying for you in relation to that temptation. Be prepared to share how it went at the next meeting.