

## **Week 1 – The Bible is Our Guide**

### **Ice Breaker**

Share about a time when you got lost because you didn't have a good guide or map. How did it make you feel, and how did you eventually find your way?

### **Discussion Questions**

1. Read Psalm 119:105. How has God's Word been a "lamp for your feet" or a "light on your path" in your life? Share a specific example if you can.
2. The sermon mentions that God's Word is "alive and active" (Hebrews 4:12). What does this mean to you practically? How have you experienced the Bible as something living and active rather than just an ancient text?
3. Discuss the concept of being "off by one degree" in your spiritual life. How can small deviations from God's guidance impact our lives over time?
4. Read Proverbs 3:5-6. What does it mean to "trust in the Lord with all your heart" and not lean on your own understanding? How can we practice this in our daily lives?
5. The sermon mentions different learning styles for engaging with the Bible (reading, listening, highlighting). What method works best for you to connect with God's Word, and why?
6. How can we, as a group, encourage and support each other in making God's Word a central guide in our lives?

### **Key Takeaway or Action Item:**

Start small but consistent. Commit to reading the Bible for 15 minutes each day this week. Choose a specific time and put it on your schedule - we make time for what we schedule. It could be first thing in the morning, during your lunch break, or before bed. Pick a time that works best for you and stick to it. Consider using a Bible app or setting a daily reminder on your phone to help you remember. At your next Life Group meeting, share how this small step has impacted your week.