

## **Week 2 – Everybody Grows**

### **Ice Breaker**

Share a funny or memorable example of a time when you stubbornly refused help, only to realize later that you really needed it.

### **Discussion Questions**

1. Read Romans 12:5. What does it mean to you that we "belong to each other and each of us needs all the others"? How have you experienced this in your own life?
2. The sermon mentions that "the key to happiness is not independence but inter-dependence." How does this challenge our society's emphasis on self-sufficiency? In what ways have you found joy through interdependence?
3. Discuss the concept of "walking together" spiritually (Colossians 2:6-7). How can we practically help each other grow in our faith journey?
4. Read Proverbs 27:17: "As iron sharpens iron, so one person sharpens another." How have you seen this principle at work in your relationships within the church? Can you share an example of how someone has "sharpened" you spiritually?
5. Read Philippians 2:4. How can we be more intentional about looking out for one another's interests in our church community?
6. The sermon mentions the importance of having people to "wait and weep" with us. How has the support of others helped you through difficult times? How can we be better at providing this kind of support to others?

### **Key Takeaway or Action Item:**

This week, reach out to one person in your Life Group or church community. Schedule a short coffee meet-up or phone call with them. During this time, ask how they're doing spiritually and if there's any way you can support or pray for them. Make a note in your calendar to follow up with them in a week or two. At the next Life Group meeting, share your experience of intentionally connecting with and supporting someone else.

