

Keep It Simple: Communion

Ice Breaker:

Is there a certain song that every time you hear it, you remember a certain time in your life or a memory? What is the memory?

Scripture:

Read 1 Corinthians 11:23-25 as a group.

Questions:

What has been your history with Communion? Were you raised with it? How old were you when you first understood it?

On Sunday, we talked about the history of the Jewish celebration known as the Passover. Did you know that when Jesus instructed us to take communion, the meal had its roots in an Old Testament story of deliverance? (If someone missed, do your best to recap what was taught about the Passover from Exodus 12:1–14.)

Why did God design us to commemorate significant moments? Has there ever been something you used to celebrate but have since forgotten to?

Read 1 Corinthians 11:26-28

What is the significance of remembering the sacrifice Christ made? What do you do when you take communion? How do you remember Christ and His love and sacrifice for you?

Application:

How can you renew your effort to remember what Christ has done for you with gratitude?

Consider as a group taking communion together sometime. Would it be meaningful to share with one another what the Lord has done that has made you grateful for His forgiveness?