

Joy Challenge Week 3: Read Philippians 3

Icebreaker

Share about a time when you followed the rules too closely and it stole your joy.

Discuss

Is there something in your past you're still stuck on? Identify any places in your own life where you might have learned or decided long ago that you are weak or useless.

How might those things be holding you back from living fully in the present? How would your attitude and actions change if you focused on the future instead of the past?

How does prioritizing laws and rules above a personal relationship with God rob us of our joy? How does it potentially create rifts and competition amongst fellow believers?

Try to put into words how the gift of grace has transformed your life. What has changed in your mind and heart thanks to the freedom offered to you by Jesus?

Think about people in your life who have made an impact on the kind of person you are, positive or negative. What have those relationships taught you about yourself?

Action Step: Name two or three qualities you'd like to develop in yourself. Discover how Jesus teaches those qualities. Surround yourself with people who reflect those qualities.